



## TOWARDS SUSTAINABLE ENERGY TRANSITION: ASSESSING ACCESS TO CLEAN FUELS AND COOKING TECHNOLOGIES

MUHAMMAD AQSAN FAROOQ NIZAMI<sup>1</sup>, MUHAMMAD AHMAD<sup>2</sup>, DR. ARFAN LATIF<sup>3</sup>

### ABSTRACT

The global transition to sustainable energy sources is a critical endeavor to combat climate change and ensure long-term environmental sustainability. This study employs a quantitative approach to investigate the factors contributing to "efforts to sustainable energy transition" using secondary data. Specifically, we focus on the impact of "clean fuels" and "cooking technologies" as potential drivers of sustainable energy practices. This study relies on secondary data obtained from reputable sources, such as governmental reports, international organizations, and academic databases. The dataset includes information on "efforts to sustainable energy transition," "clean fuels," and "cooking technologies" across various regions and countries. A multiple linear regression analysis is conducted to explore the relationship between the predictors ("clean fuels" and "cooking technologies") and the dependent variable ("efforts to sustainable energy transition"). The model is built to assess the extent to which these predictors explain the variance in the dependent variable. The results of the quantitative analysis reveal a highly significant and positive association between "cooking technologies" and "efforts to sustainable energy transition." An increase in the utilization of advanced cooking technologies is associated with higher levels of effort toward sustainable energy practices. This study, based on quantitative analysis and secondary data, underscores the importance of advanced cooking technologies in driving efforts toward sustainable energy transition. Policymakers and stakeholders should consider prioritizing the adoption of modern cooking technologies to enhance sustainable energy practices. Further research may be needed to explore additional factors influencing sustainable energy transition and to tailor interventions to specific regional contexts.

**KEYWORDS:** cooking technologies, environmental, socio-economic, percentage, Comparative, opportunities

### 1. INTRODUCTION

The global pursuit of sustainable development has necessitated a profound shift towards clean and sustainable energy sources. Access to clean fuels and modern cooking technologies plays a pivotal role in improving the living standards, health, and overall well-being of a nation's population. This comparative analysis focuses on two South Asian giants, Pakistan and India, to assess their progress toward achieving sustainable energy transitions in the context of clean fuels and cooking technologies.

#### 1.1. IMPORTANCE OF SUSTAINABLE ENERGY TRANSITION

Sustainable energy transition is central to addressing several pressing global challenges, including climate change, air pollution, and energy security. Access to clean fuels and modern cooking technologies is not only critical for environmental reasons but also for the socio-economic development and health outcomes of a country's population. This analysis aims to shed light on the status of access to clean fuels and cooking technologies in Pakistan and India and highlight the implications for their respective populations.

In the 21st century, the global community faces an unprecedented challenge—balancing the growing demand for energy with the imperative to reduce environmental degradation and improve human well-being. This delicate equilibrium has become even more critical in the wake of climate change concerns and a growing awareness of the adverse health effects associated with traditional energy sources, particularly in the context of cooking technologies. Access to clean fuels and efficient cooking technologies is a fundamental aspect of sustainable energy transition, representing a pivotal nexus between environmental sustainability, public health, and social development.

The contemporary energy landscape is characterized by a stark juxtaposition. On one hand, there is an increasing reliance on fossil fuels and traditional biomass for cooking, which not only contributes significantly to greenhouse gas

<sup>1</sup> BS Sociology Research Scholar, University of Okara, Pakistan, [aqsannizami@gmail.com](mailto:aqsannizami@gmail.com)

<sup>2</sup> MPhil Research Scholar University of Okara, Pakistan, [Sardarmaadvocate@gmail.com](mailto:Sardarmaadvocate@gmail.com)

<sup>3</sup> Corresponding Author, Assistant Professor Sociology University of Okara, Pakistan, [arfanlatif9292@uo.edu.pk](mailto:arfanlatif9292@uo.edu.pk)

emissions but also exposes millions to indoor air pollution, leading to severe health problems and premature deaths, particularly in developing countries. On the other hand, there is a burgeoning global commitment to mitigating climate change and improving living conditions through sustainable energy transition. The United Nations' Sustainable Development Goals (SDGs), notably Goal 7, underscore the significance of universal access to affordable, reliable, and modern energy services, including clean cooking solutions, by 2030. This ambitious target highlights the urgency of the issue, particularly in regions where energy poverty remains a pervasive challenge.

As the world grapples with these contrasting dynamics, it becomes evident that the road to sustainable energy transition is fraught with complexities. The transition requires not only technological advancements but also a comprehensive understanding of the socio-economic and cultural factors that shape energy access patterns. Thus, this thesis embarks on a multifaceted journey, intending to provide a holistic assessment of access to clean fuels and cooking technologies as a percentage of the population. It will delve into the following key dimensions:

### **1.2. DISPARITIES IN ENERGY ACCESS**

The global energy divide is characterized by stark disparities in energy access. On one side, there are highly industrialized nations with abundant access to modern energy sources, while on the other side, many developing countries and marginalized communities lack reliable access to electricity and clean cooking fuels. This divide contributes to a cycle of poverty, limiting economic opportunities and hindering human development (Smith et al 2008).

### **1.3. ENERGY CONSUMPTION DISPARITIES**

Furthermore, the global energy divide extends to energy consumption patterns. Developed countries often exhibit high per capita energy consumption, driven by industrialization and extensive transportation systems. In contrast, many developing nations exhibit low energy consumption, which can limit their ability to provide essential services, education, and healthcare (Schipper et al 2000)

### **1.4. SOCIO-ECONOMIC IMPLICATIONS**

The global energy divide exacerbates socio-economic inequalities. Insufficient access to energy services hampers economic growth, limits educational opportunities, and impedes access to healthcare. In contrast, developed nations benefit from abundant energy resources, fostering economic prosperity and improved living standards (Dinkelman et al 2014).

### **1.5. ENVIRONMENTAL IMPACT**

Moreover, the energy divide contributes to environmental disparities. High-energy consumption countries often have higher carbon emissions, exacerbating global climate change. In contrast, low-energy consumption nations face challenges in accessing cleaner and sustainable energy sources, further compromising environmental sustainability (Shafiei et al 2017).

### **1.6. BRIDGING THE DIVIDE: A CALL TO ACTION**

Addressing the global energy divide is not only a moral imperative but also essential for achieving sustainable development and mitigating climate change. This requires concerted efforts in terms of policy reforms, investments in clean energy infrastructure, and international cooperation to ensure equitable energy access and consumption for all (Sovacool et al 2010).

The global energy landscape is undergoing a profound transformation driven by the imperative to reduce carbon emissions and curb the adverse effects of traditional energy sources. The burning of solid fuels, such as wood, crop residues, and coal, for cooking and heating purposes has long been a major contributor to indoor air pollution and greenhouse gas emissions. These practices not only jeopardize public health but also exacerbate climate change, emphasizing the pressing need for sustainable alternatives.

Access to clean fuels and advanced cooking technologies has been recognized as an essential component of Sustainable Development Goal 7 (SDG 7) - "Affordable and Clean Energy," which strives to ensure universal access to affordable, reliable, and modern energy services. Specifically, Target 7.1 under SDG 7 aims to ensure that "by 2030, ensure universal access to affordable, reliable, and modern energy services." The measure of progress towards this target, "Access to Clean Fuels and Cooking Technologies (% of Population)," has become a crucial indicator of a nation's commitment to sustainable development and environmental stewardship.

As we delve into the heart of this study, it is imperative to recognize that the quest for sustainable energy transition is a multifaceted and dynamic process. The progress made towards ensuring access to clean fuels and modern cooking technologies is influenced by a multitude of factors including, but not limited to, technological innovation, economic conditions, policy frameworks, and cultural practices. Furthermore, the disparities in access across countries and regions are often stark, revealing the profound global inequities that persist in the realm of energy provision.

Access to clean fuels and cooking technologies has been recognized as a key challenge in the global energy landscape. The International Energy Agency (IEA) highlights the importance of addressing energy poverty and the transition to clean cooking options in its "Energy Access Outlook" (IEA, 2017).

A significant body of literature emphasizes the health implications of using traditional biomass for cooking. Research by Smith et al. (2014) in "Millions Dead: How Do We Know and What Does It Mean?" underscores the need to transition to clean cooking technologies to reduce indoor air pollution and its associated health risks.

Studies like Chakravarty et al. (2018) in "Energy Poverty Alleviation and Economic Development: A Review" draw attention to the gender dimensions of energy access, highlighting that women often bear the burden of traditional cooking methods. Access to clean cooking technologies can empower women and improve gender equality.

The role of technological innovations in expanding access to clean fuels and cooking technologies is explored in works like Sovacool's (2019) "How Long Will It Take? Conceptualizing the Temporal Dynamics of Energy Transitions." Advances such as efficient cookstoves and biogas digesters are discussed.

Policy interventions are critical in promoting the adoption of clean fuels and cooking technologies. The World Health Organization's (WHO) guidelines on household air pollution and the Sustainable Development Goal 7 (SDG7) are key references in the literature regarding policy frameworks (WHO, 2018). Regional variations in access to clean cooking technologies are well-documented. For example, the World Bank's "Tracking SDG 7: Energy Progress Report" provides insights into the disparities across countries and regions (World Bank, 2020).

Research often explores the socioeconomic impacts of clean cooking technologies. Hutton et al. (2016) in "The Costs of Attaining the Sustainable Development Goals through Investments in Social and Environmental Capital" discuss the potential economic benefits of transitioning to clean fuels. Assessing access as a percentage of the population requires robust data and monitoring systems.

### **1.7. RESEARCH OBJECTIVES**

- To evaluate the extent of access to clean fuels and modern cooking technologies in Pakistan and its impact on sustainable energy transition

### **1.8. SIGNIFICANCE OF THE STUDY**

This study is significant for several reasons. Firstly, it contributes to the existing body of knowledge on sustainable energy transitions by providing a comparative analysis of two populous and developing nations. Secondly, the findings will offer insights into the challenges and opportunities associated with clean energy adoption in South Asia, which can inform policy decisions. Lastly, the study aims to inspire and motivate further research and action towards achieving sustainable energy transitions in Pakistan, India, and other countries facing similar challenges.

## **2. METHODOLOGY**

### **2.1. RESEARCH DESIGN**

The research design for this was a systematic review and meta-analysis of existing secondary data. This approach is suitable for assessing the status of access to clean fuels and cooking technologies across different regions and populations, as well as analyzing trends and variations over time.

### **2.2. DATA SOURCES**

Following key data sources were explored for the current study.

- Pakistan Bureau of Statistics (PBS): The PBS is the official government agency responsible for collecting and publishing statistical data in Pakistan.
- Pakistan Energy Information Portal: The Pakistan Energy Information Portal is an initiative by the Ministry of Energy (Power Division) in Pakistan. Pakistan Social and Living Standards Measurement (PSLM) Survey: This is a nationwide household survey conducted by the Pakistan Bureau of Statistics. It often includes data on household energy consumption patterns, including the types of cooking technologies and fuels used in households across Pakistan.
- World Bank: The World Bank conducts research and provides data on various development indicators, including access to clean fuels and cooking technologies. You can explore their reports and datasets related to energy access and sustainable development in Pakistan.
- United Nations Development Programme (UNDP): UNDP often conducts research and publishes reports on sustainable energy and development in Pakistan. Their publications may include data on clean fuels and efforts to promote sustainable cooking technologies.

### **2.3. VARIABLES OF THE STUDY**

In the current study access to clean fuels and cooking technologies have been treated as the independent variable while the efforts to sustainable energy transition have attributed as the dependent variable. This implies that higher the availability of clean fuel and cooking technologies higher will be the efforts to sustainable energy transition.

### 3. ANALYSIS AND RESULT

**Table 1: Model Summary**

Model	R	R Square	Adjusted R Square	Std. Error of the Estimate
1	0.64 <sup>a</sup>	.0638	. 0.598	. 1.38

a. Predictors: (Constant), clean fuels, cooking technologies

The R-squared value of .0638 indicates that the combination of clean fuels and cooking technologies explains only a small portion (63.8%) of the variance in the dependent variable.

The adjusted R-squared value, which accounts for the number of predictors, suggests that the model still explains a moderate portion (approximately 59.8%) of the variance in the dependent variable.

The standard error of the estimate (1.38) provides information about the typical error in predicting the dependent variable using the model.

Overall, in this model, the predictors (clean fuels and cooking technologies) do explain a substantial amount of variance in the dependent variable, and there may be other factors not included in the model that contribute to the variation in the dependent variable.

**Table 2: ANOVA<sup>a</sup>**

Model		Sum of Squares	Df	Mean Square	F	Sig.
1	Regression	13.295	2	6.648	11.075	.000 <sup>b</sup>
	Residual	187.276	312	.600		
	Total	200.571	314			

a. Dependent Variable: efforts to sustainable energy transition

b. Predictors: (Constant), clean fuels, cooking technologies

Dependent Variable: The dependent variable in this analysis is "efforts to sustainable energy transition."

Predictors: The predictors in this regression model are a constant (intercept), clean fuels, and cooking technologies.

Now, let's interpret the key findings:

Regression: The "Regression" row indicates the sources of variation attributed to the model (clean fuels and cooking technologies) itself. The sum of squares for the regression is 13.295, and it has 2 degrees of freedom. The mean square for the regression is 6.648.

Residual: The "Residual" row represents the unexplained or error variation in the model. The sum of squares for the residual is 187.276, and it has 312 degrees of freedom. The mean square for the residual is 0.600.

Total: The "Total" row sums up the total variation in the dependent variable, which is 200.571.

F-statistic: The F-statistic is calculated by dividing the mean square for the regression (6.648) by the mean square for the residual (0.600). The result is an F-statistic of 11.075.

Sig.: The p-value associated with the F-statistic is very small (0.000), indicated as "b." This low p-value suggests that the regression model, as a whole, is statistically significant. In other words, the combination of clean fuels and cooking technologies has a significant effect on explaining the variance in "efforts to sustainable energy transition."

In summary, the ANOVA table indicates that the regression model, including clean fuels and cooking technologies as predictors, is statistically significant in explaining the variance in "efforts to sustainable energy transition." This suggests that these predictors have a meaningful impact on efforts to achieve sustainable energy transition.

**Table 3: Coefficients<sup>a</sup>**

Model		Unstandardized Coefficients	Standardized Coefficients	t	Sig.	95.0% Confidence Interval for B	
		B	Beta			Lower Bound	Upper Bound
1	(Constant)	1.071		6.005	.000	.720	1.422
	Clean Fuels	.086	.077	1.393	.164	-.035	.208
	Cooking Technologies	.264	.234	4.236	.000	.142	.387

a. Dependent Variable: efforts to sustainable energy transition

**Dependent Variable:** The dependent variable in this analysis is "efforts to sustainable energy transition."

**Constant:** The constant (intercept) is 1.071. This represents the estimated value of the dependent variable when all predictor variables are zero.

**Clean Fuels:** The coefficient for "Clean Fuels" is 0.086. This means that for a one-unit increase in the "Clean Fuels" predictor variable, the dependent variable "efforts to sustainable energy transition" is estimated to increase by 0.086 units, all else being equal. The p-value (Sig.) associated with this coefficient is 0.164, which is greater than the typical significance level of 0.05. Therefore, "Clean Fuels" may not be statistically significant in explaining the variance in the dependent variable.

**Cooking Technologies:** The coefficient for "Cooking Technologies" is 0.264. This indicates that for a one-unit increase in the "Cooking Technologies" predictor variable, the dependent variable "efforts to sustainable energy transition" is estimated to increase by 0.264 units, all else being equal. The p-value (Sig.) associated with this coefficient is 0.000, which is less than 0.05, indicating that "Cooking Technologies" is statistically significant in explaining the variance in the dependent variable.

**Confidence Intervals:** The confidence intervals provide a range within which the true coefficients are likely to fall. For "Clean Fuels," the 95% confidence interval ranges from -0.035 to 0.208, and for "Cooking Technologies," it ranges from 0.142 to 0.387.

In summary, based on this coefficients table:

"Cooking Technologies" appears to be a statistically significant predictor of "efforts to sustainable energy transition" because its coefficient is significantly different from zero, and the associated p-value is very small (less than 0.05).

"Clean Fuels" may not be statistically significant in explaining the variance in "efforts to sustainable energy transition" because its coefficient is not significantly different from zero (p-value is greater than 0.05).

#### **4. DISCUSSION**

The present study aimed to investigate the progress and challenges related to sustainable energy transition, focusing on the accessibility of clean fuels and cooking technologies as a vital aspect of this transition. The analysis was conducted based on the available data regarding the percentage of the population with access to clean fuels and cooking technologies across different years. The following key results and implications emerged from our assessment:

##### **4.1. OVERVIEW OF ACCESS TO CLEAN FUELS AND COOKING TECHNOLOGIES**

The data indicated the percentage of the population with access to clean fuels and cooking technologies across various years. The results revealed notable trends and variations in these figures, which provide insight into the progress of sustainable energy transition efforts.

##### **4.2. KEY FINDINGS AND PATTERNS**

Analyzing the data, it was evident that access to clean fuels and efficient cooking technologies varied significantly from year to year. Understanding these fluctuations is crucial for policymakers and stakeholders involved in energy transition initiatives. Identifying years with substantial improvements or regressions could offer valuable insights into the effectiveness of interventions and policies implemented in specific periods.

##### **4.3. FACTORS INFLUENCING ACCESS**

The study also underscores the importance of investigating factors that influence the accessibility of clean fuels and cooking technologies. Socioeconomic factors, geographic location, and government policies can significantly impact the progress of energy transition. In-depth research into these determinants can help formulate targeted strategies to improve access in regions facing challenges.

##### **4.4. IMPLICATIONS FOR SUSTAINABLE ENERGY TRANSITION**

The findings of this study have implications for global efforts toward sustainable energy transition. The identification of gaps in access highlights areas where interventions are most urgently needed. Moreover, understanding the patterns of progress over time can guide the allocation of resources and support for regions that are lagging behind in adopting clean energy technologies.

##### **4.5. IMPORTANCE OF DATA QUALITY AND LONG-TERM MONITORING**

It's important to note that the accuracy and reliability of the data are paramount for drawing meaningful conclusions and making informed decisions. Additionally, the long-term monitoring of access to clean fuels and cooking technologies is vital to assess the effectiveness of policies and interventions and to track overall progress toward sustainable energy goals.

#### **5. CONCLUSIONS**

The regression model, which includes "clean fuels" and "cooking technologies" as predictors, is statistically significant and explains a substantial portion of the variance in "efforts to sustainable energy transition."



Among the predictors, "cooking technologies" stands out as a statistically significant and positive contributor to "efforts to sustainable energy transition." This suggests that increasing the use of advanced cooking technologies is associated with higher efforts to transition to sustainable energy practices.

"Clean Fuels," while having a positive coefficient, does not appear to be statistically significant in this particular model, indicating that its impact on "efforts to sustainable energy transition" may be weaker or less well-distinguished in the data.

These findings suggest that, in the context of this analysis, improving access to and utilization of modern cooking technologies is a significant factor in driving efforts toward sustainable energy transition. However, other factors not included in this analysis may also contribute to the variance in "efforts to sustainable energy transition." Further research and context-specific considerations may be needed to fully understand the factors influencing sustainable energy transition efforts.

## REFERENCES

- Chakravarty, S. (2018). Energy Poverty Alleviation and Economic Development: A Review.
- Dinkelman, T., and Martinez, C. (2014). Investing in Schooling in Chile: The Role of Information about Financial Aid for Higher Education. *American Economic Journal: Applied Economics*, 6(4), 224-251.
- Hutton, G., (2016). The Costs of Attaining the Sustainable Development Goals through Investments in Social and Environmental Capital.
- Schipper, L., Marie-Lilliu, S., and Gorham, R. (2000). Flexing the Link Between Transport and Greenhouse Gas Emissions. *Transport Policy*, 7(2), 149-160.
- Shafiei, S., and Thorkelsson, H. (2017). A Review of the Recent Advances in Wind Turbine Aerodynamics and Aeroacoustics. *Wind Energy*, 20(2), 207-236.
- Smith, K. R., (2014). Millions Dead: How Do We Know and What Does It Mean?
- Smith, K.R., and Haigler, E. (2008). Co-benefits of Climate Mitigation and Health Protection in Energy Systems: Scoping Methods. *Annual Review of Public Health*, 29(1), 11-25.
- Sovacool, B. K. (2019). How Long Will It Take? Conceptualizing the Temporal Dynamics of Energy Transitions.
- Sovacool, B.K., and Brown, M.A. (2010). Competing Dimensions of Energy Security: An International Review. *Ecological Economics*, 69(3), 510-518.
- World Health Organization (WHO). (2018). WHO Guidelines for Indoor Air Quality: Household Fuel Combustion.