



## Does Emotional Fabrication Matters? The Role of Emotional and Promotional Strategies in Predicting Turnover Intentions

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### Abstract

Employee turnover has significant implications for organizations, including increased costs associated with recruitment, training, and loss of experienced employees. This study aims to explore the antecedents of employee turnover, specifically focusing on the role of promotional strategies. The research investigates the factors that contribute to employee turnover, such as dissatisfaction, lack of support, emotional burnout, biased promotions, inadequate training, and poor communication within the organizational hierarchy. The study also examines the impact of promotion-focused strategies on reducing turnover by enhancing employee motivation, productivity, and loyalty. The study adopts a comprehensive approach to understand the relationship between turnover and promotional strategies in the context of call centers. By analyzing the antecedents of turnover intention, this research provides valuable insights for organizations to address the underlying factors that contribute to turnover and implement effective strategies to reduce turnover rates. Data was collected from 295 call center employees from various private call centers. The research design of this study was non-experimental, quantitative and correlational in nature. The findings validated several hypotheses, including the positive link between emotional labor strategies and emotional burnout, the association between burnout and employee incivility, and the positive relationship between employee incivility and turnover intention. Nevertheless, the findings confirmed the positive relationship between regulatory focus strategies and service performance, the negative association between service performance and turnover intention, and the positive link between customer incivility and emotional burnout.

**Keywords:** emotional fabrication, emotional and promotional strategies, turnover

### 1. Introduction

Employee turnover is important because, when a representative is hired, they must first go through certain training, and for that to happen, additional money and commitment is needed (Griffeth, 2000) The organization will need to reorganize its resources to ensure smooth progression of marketable strategies and objectives, and losing a member of the group will also result in more stress and work. If employees choose to leave their jobs, it will result in significant costs for enrolling, recruiting, and training. Here, it may result in a decrease in employees with expertise in the field or who have worked for a longer period of time. Employees have a critical role in a company's growth and long-term viability and they are also a key source for gaining a competitive edge. Every organization should focus on representatives by ensuring their happiness, tenacity, and commitment as workers help to develop better relationships with clients and guarantee a more significant offer in the market. It is important to consider the potential causes of turnover since it has a significant impact on an organization's brand image and name, which keeps customers from sticking with one company. By doing various investigations, it has been deduced that employees depart from organizations if they are unhappy and their needs are not met there. Or, on the other hand, they are unable to locate an organizational hierarchy and structure that will support them in resolving their issues (Penglin Li, 2014; Farahmand, 2016). In this study, we have also used the promotion focus strategy because it encourages the representative to really support the workers in all kinds of situations because promotions increase workers' motivation and productivity (Chiu, 2002; Ahiawodzi, 2016; Audi et al., 2023) and also increase the representative's dependability, which reduces the likelihood of representative turnover. It has been observed that there are a few elements, such as the lack of opportunity for professional growth, that signal the development in burnout. It is often believed that if a company doesn't provide unique incentives like non-cash fringe benefits or promotional advantages, its employees may feel trapped in their current roles and lose motivation, which would lead to a greater rate of turnover.

(Mahmood, 2015) Organizations that do not invest in training and improvement risk losing out on attracting and retaining the finest recruiters. Representatives must quit the association if they believe that their knowledge is being stifled or stagnates at a certain point. Finally, it is widely accepted that employees may become confused and feel as though there is a lack of transparency when there is a lack of communication and correspondence among the hierarchy of an organization, or on the other hand, if an association doesn't clearly communicate its short-term strategies and cycles. This can result in a faster rate of turnover. Employee turnover along with several other substantial factors, leads to an organization's failure, if not addressed subsequently. If a company is able to sufficiently manage its employee turnover, it will at the end manage to generate optimum profits and increase its output along with maintain a positive goodwill of the organization. How daily associations amongst the industries are swiftly increasing, the ongoing need to understand emotional labor and to demand it has also increased. Emotional labor has been seen to be a key source to be studied since it prominently impacts employee turnover.

Based upon this knowledge our purpose of this study is to find antecedents of employee turnover intention in call centers industry. Further, this particular research is aimed at identifying the sole of promotional focus strategy and organizational culture as the buffer between emotional labor and turnover intention. Peter Drucker, Douglas McGregor, and Gary Becker, three prominent motivational theorists, all agreed that a company's most valuable asset is its people. Different resources such as money, materials, and equipment won't yield any natural products to an association unless competent and effective labor is in charge of the undertakings and can employ these resources to the best of their ability to meet the goals that have been set. retaining clients. Representative pressure and turnover have increased as a result of the strong emphasis on competency and control in contact center

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environments. Several research projects have been conducted to determine the causes of stress among callcenter agents, and these investigations have produced varying conclusions on this matter. 823 call community agents from 36 callhabitats were the subject of a review conducted by Christine A. Sprigg and Paul R. Jackson in 2006, and they discovered that more notable exchange prearranging and more focused upon significant level of stress and pressure on employees. (Christine A Sprigg, 2006; Adeel, 2016; Asif et al., 2023).

The study is aimed at specifying the strength of the path predicting turnover intentions of call center employees. Whether it is customer incivility or the specific strategies (emotional labor strategies and regulatory focus strategies) that has significantly impacted over turnover intention. More significantly, the study objectives are; (1) To investigate how emotional labor strategies, employee incivility, and regulatory focus strategy are related to turnover intention. (2) To explore whether emotional burnout mediates the relationship between emotional labor strategies and turnover intention. (3) To examine whether emotional burnout mediates the relationship between emotional labor strategies, customer incivility, and turnover intention. (4) To study how service performance acts as a mediator between regulatory focus strategies and turnover intention. (5) To analyze the moderating effect of perspective taking on the relationship between emotional labor strategies and emotional burnout. (6) To investigate the moderating effect of service performance on the relationship between emotional burnout and employee incivility. (7) To explore the mediating role of employee incivility in the relationship between emotional burnout and turnover intention.

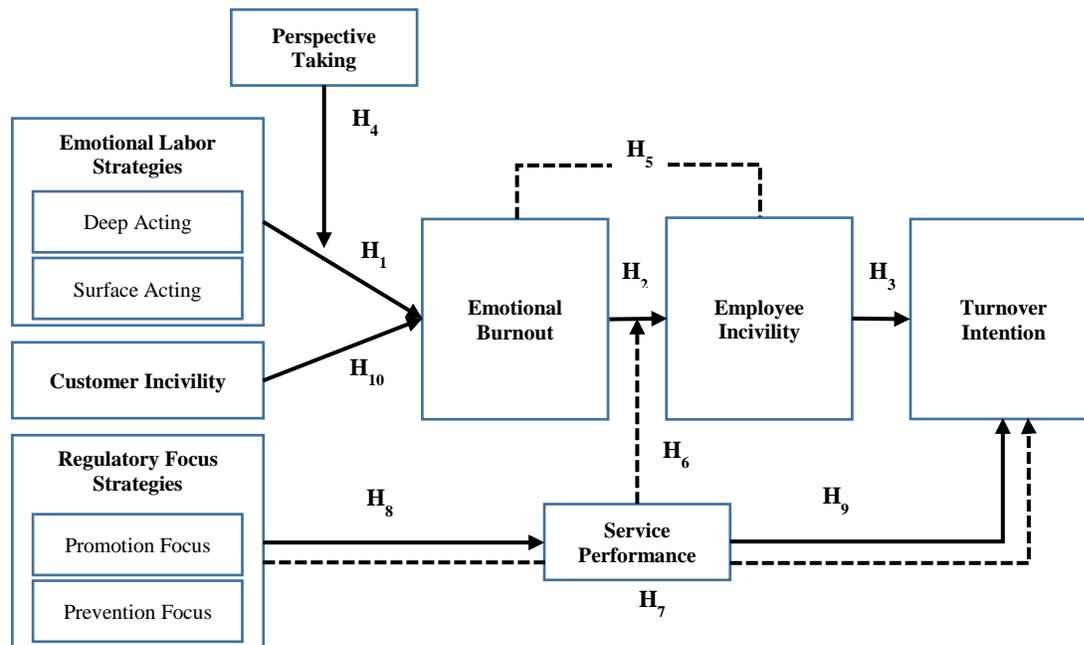


Figure 1: Theoretical Framework

## 2. Literature Review

### 2.1. Emotional Labor Strategies and Emotional Burnout

Emotional labor strategies could prompt pressure and burnout in representatives, which could adversely influence their work fulfillment and prosperity (Kim J.-S., 2020). A recent review of literature concluded that emotional labor can lead to job stress and ultimately result in burnout (Jeung, 2018). However, using naturally felt emotions can help promote emotional compatibility and prevent burnout among employees (Havva Ozturk, 2015; Yasir et al., 2021). Employees are expected to display positive emotions towards both internal and external stakeholders, and avoid expressing negative emotions like resentment and dissatisfaction (Ethel Brundin a, 2022). This requirement makes emotional labor a source of job stress (Yang, 2008) and can lead employees to feel completely exhausted and lose control of their emotions. Frontline employees, who must continuously regulate their emotions and interact with customers, experience higher levels of emotional exhaustion compared to other employees (Kuan-Yu Chen a, 2019; Ali et al., 2020). According to a meta-analysis conducted by (Sheena J. Johnson a 1, 2017) different dimensions of emotional labor strategies have varying impact on burnout.

H<sub>1</sub>: Emotional Labor strategies have a positive and significant relationship with Emotional Burnout

### 2.2. Emotional Burnout and Employee Incivility

Frontline employee has to interact with all type of customers, they need to act calm and cool but till a certain time when they get exhausted showing fake emotions they get stressed, and behave in uncivil manner (Baumeister, 2001.). Emotionally exhausted or burnout employees are fully pressurized, stressed they just need to blow out their anger but as a part of their job they can't show their actual feelings to customers hence consequently colleagues become their prey. Employees when get emotionally exhausted they get irritated by others, this leads to employee incivility. Work pressure sometimes emotionally drains employees, they get exhausted with strict deadlines, sometimes because of harsh supervisor, work culture etc. (D. Prosser, 1999; Asim et al., 2021) stated that emotional burnout which is associated with job satisfaction also leads to employee incivility as employee is unhappy

with the job or working culture which make him tensed and angry which consequently leads to employee incivility.

H<sub>2</sub>: Emotional burnout has a significant relationship with employee incivility

### **2.3. Employee Incivility and Turnover Intention**

Being the target of uncivil behavior leads to turnover intention. (Cortina, Incivility in the workplace: Incidence and impact. 2001) Uncivil behavior can be from the colleagues or the boss. Employee Incivility takes place when employee ego is hurt, if they are disrespected (Hershcovis, 2017). In some studies job satisfaction is highly related to turnover intention (R.B. Dunham, 1994; Elahi et al., 2021), if employee is satisfied with the job requirements etc. they ignore other negativity including employee incivility and they themselves try to control their anger to reduce employee uncivil. As organizational culture improves, the impact of burnout weakens which subsequently weakens employee incivility that leads to turnover intention. When Employees experience a higher level of emotional burnout, they become unsatisfied with work, motivation and personal accomplishment diminishes (Cordes, 1993) they start to react in uncivil way, disturbing the organizational culture this consequently leads to turnover intention.

H<sub>3</sub>: Employee incivility has a positive and significant relationship with turnover Intention

### **2.4. Moderating Effect of Perspective Taking**

Emotional labor is the process in which one's emotions are regulated in response to job demands (Hochschild, 1983). Emotional burnout, a feeling of exhaustion, cynicism, and reduced personal accomplishment, can result from the use of different methods to manage emotional labor, including surface acting (faking emotions), deep acting (genuinely feeling emotions), and perspective taking (adopting the perspective of others). (Maslach e. a., 1981) The purpose of this research is to investigate the moderating role of perspective taking between emotional labor strategies and emotional burnout. Several studies have demonstrated that both surface acting and deep acting are associated with emotional exhaustion (Brotheridge C. M., 2002; Khan et al., 2020). Individuals who engage in high levels of surface acting are more likely to experience emotional exhaustion compared to those who engage in deep acting (Tims, 2012). However, deep acting may also lead to emotional burnout if it is not perceived as it should be or if individuals are unable to fully embrace the required emotions (Rafaeli, 1989). Studies have found that perspective taking can serve as a protective factor against emotional exhaustion and burnout (Xanthopoulou et al., 2007).

H<sub>4</sub>: Perspective taking acts as a moderator between emotional labor strategies and emotional burnout

### **2.5. Mediating Effect of Emotional Burnout and Employee Incivility**

According to (Ute R Hülshager 1, 2013) surface acting involves displaying emotions that do not match one's true feelings and is linked to higher levels of emotional exhaustion and a greater likelihood of wanting to leave the job. Similarly, in a study by (Dieter Zapf, 2021; Rafique et al., 2020), in the case of deep acting, individuals genuinely experience and express their emotions, and this is positively linked with job satisfaction and negatively linked with emotional exhaustion. Emotional burnout has been linked to increased turnover intention, as employees who experience burnout may feel less satisfied with their job and be more likely to leave (Schaufeli et al., 2009)

H<sub>5</sub>: Emotional Burnout and Employee incivility acts a mediator between emotional labor strategies and turnover intention

### **2.6. Service Performance as Moderator**

According to (Bitner, 1990) service performance refers to an organization's capacity to meet the demands and expectations of its clients by offering them high-quality goods and services. According to research, service performance may significantly affect an employee's happiness and level of work satisfaction (David E. Bowen, 1989). Employees can sense as though they have done anything when they are able to satisfactorily fulfil and match the expectations of consumers, which may provide employees contentment and assist to minimize instances of burnout (Kim J. & -K., 2016; Abid et al., 2021) High levels of service performance, nevertheless they can aid in reducing emotional exhaustion, cannot always be enough to stop rude behavior among staff members.

H<sub>6</sub>: Service performance acts as a moderator between emotional burnout and employee incivility.

### **2.7. Regulatory Focus Strategies and Mediating Effect of Service Performance**

Regulatory focus theory posits that individuals have two distinct sets of objectives: promotion goals and prevention goals. Promotion goals are geared towards pursuing strategies that prioritize growth, development, and achievement. People who adopt promotion goals are generally inclined towards approach-oriented behavior. In contrast, prevention goals are aimed at avoidance-oriented strategies and individuals who adopt these goals are more concerned with ensuring safety, security, and responsibility. Customers with promotion goals were more likely to be satisfied with the service when they perceived it as high-quality, whereas those with prevention goals were more likely to be satisfied when they perceived it as safe and reliable.

H<sub>7</sub>: Service performance acts a mediator between regulatory focus strategies and turnover intention

### **2.8. Regulatory Focus Strategies and Service Performance**

Regulatory focus theory pertains to the motivational mindset individuals adopt while striving to achieve their goals, with two types of regulatory focus: prevention -focused and promotion focused. The former is more concerned with avoiding negative outcomes, while the latter is motivated by positive outcomes. Service performance, on the other hand, refers to the evaluation of the outcome of a service encounter by the customer. This paper aims to examine the relationship between regulatory focus strategies and service performance. (Jeongdoo Park a, 2019; Kaiser et al., 2021). Empirical studies have demonstrated that regulatory focus strategies can significantly impact service performance. For instance, a prevention-focused strategy may result in a higher level of service performance as service providers are more attentive to avoiding errors and ensuring customer satisfaction. Conversely, a promotion-focused strategy may enhance creativity and innovation in the delivery of services, resulting in a more positive customer experience.

H<sub>8</sub>: Regulatory focus strategies have a positive relationship with service performance

### **2.9. Service Performance and Turnover Intention**

Service performance states to the level of quality of service delivery by organizations and employees. This facet is critical for businesses as it affects loyalty and customer satisfaction, leading to enduring profitability (Tahir Islam, 2013). High service performance adds to customer retention, positive word-of-mouth, and repeat business (Rodoula H. Tsiotsou, 2015). On the other hand, customer complaints, negative reviews, and decreased customer loyalty are the results of low service performance. (Stephen S. Tax, 1998; Zafar et al., 2022). In order to maintain a high level of service performance, businesses should implement efficient service processes and offer regular training to their employees. Employees should also have the needed skills, knowledge, and resources to deliver quality service (Wirtz, 2011). Furthermore, businesses ought monitor and evaluate service performance through customer Surveys, Feedback and performance metrics (N. Gkantsinikoudis1, 2017).

H9: Service performance has a significant relationship with turnover intention.

#### **2.10. Customer Incivility and Emotional Burnout**

Customers can occasionally be the source of emotional burnout for employees. The term "customer incivility" states to negative and Disruptive behavior exhibited by customers towards employees can have serious consequences and ranges from rude and disrespectful language to physical violence, according to research by (Lynne M. Andersson, 1999). This type of behavior can cause emotional burnout for employees who are recurrently exposed to customer incivility. To experience a state of physical, emotional, and mental exhaustion caused by persistent stress is known as emotional burnout, as defined by (Maslach C. &, 1986; Asif et al., 2017). The stress of dealing with in-civil customers can take a toll on employees, leaving them feeling exhausted and unable to perform their job effectively.

H10: Customer incivility has a positive and significant relationship with emotional burnout.

### **3. Methodology**

The research technique employed in this study involves a coordinated and methodical investigation of the strategies used in a specific area of examination. This includes both theoretical and practical aspects of data collection, analysis, and interpretation. The research methodology serves as a blueprint for conducting the research and testing hypotheses to effectively explore judgments and test theories. By adhering to established research procedures, the researchers ensure that their studies are rigorous, well-structured, and capable of generating meaningful and reliable results. The primary objective of the study was to examine the interrelationships between various variables related to employee burnout and turnover. The research design chosen for this study was non-exploratory, quantitative, and correlational in nature. The data was collected in non-conceived natural settings from designated individuals during routine working hours, with minimal interference. The participants were given adequate opportunity to fill out the questionnaires, and there was no forced coercion. The target population incorporated all permanent representatives working at call focuses (JAZZ, ZONG, UFONE and TELENOR) who are connecting with clients directly on regular routine. The focal point of the examination was on individual respondents. The study utilized cross-sectional data collected at a single moment from a sample of individuals working in call centers. The participants were employees directly engaged in customer interactions during regular working hours. The data collection took place across multiple call centers simultaneously, and the participants were employees from both privately owned call centers. The sample size was determined based on Kline's item scale theory, with a total of 295 filled surveys obtained through random sampling. The survey instrument was developed in English and consisted of questions with limited response choices. The Likert scale was used to measure the participants' level of agreement or disagreement. The survey comprised sections on various study variables, with a total of 59 items. The participants were required to answer all the questions. Data was collected through both face-to-face and electronic means. Permission was obtained from the organization to visit call centers during working hours and distribute paper-based questionnaires. Additionally, an online survey was conducted using Google Forms, and the link to the survey was sent to the call center administration.

### **4. Findings**

In the research analysis, various statistical techniques were employed to investigate and organize the gathered information. Descriptive analysis was conducted to summarize and describe the characteristics of the participants. The data revealed that out of the total 295 participants, the majority were male (193 members, 65.4%), while the remaining were female (102 members, 34.6%). In terms of age, the highest number of participants (114 people, 38.6%) fell within the 31-35 age bracket, followed by 50 participants (16.9%) in the 20-25 age range.

The distribution of participants across other age ranges was as follows: 58 members (19.7%) between 26-30, 46 members (15.6%) between 36-40, 17 members (5.8%) between 41-45, and 10 members (3.4%) above 45 years. Regarding education, 114 participants (48.8%) reported having completed their Bachelor's degree, 124 participants (42.0%) had a Master's degree, and 27 participants (9.2%) claimed to have achieved M Phil and Above qualifications. When examining the employment status, 258 members (87.5%) identified themselves as permanent employees in their respective call centers, while 37 members (12.5%) reported not being permanent employees.

Descriptive statistics were applied to calculate key statistical indicators such as the minimum, maximum, mean, and standard deviation for each variable. For example, the mean values for gender, age, education, and employment status were found to be 1.35, 2.82, 1.32, and 1.09, respectively. The standard deviation values for the same variables were 0.476, 1.207, 0.515, and 0.294. These values provide insights into the range, central tendency, and variability of the dataset.

To assess the reliability and internal consistency of the measurements, Cronbach's alpha coefficients were employed. The recommended threshold for internal consistency is typically 0.7, although a reliability coefficient of 0.6 can be deemed sufficient. The results of the reliability test (presented in Table 4.5) indicated that all factors in the study demonstrated internal consistency,

surpassing both the 0.6 and 0.7 thresholds. The Cronbach's alpha values ranged from 0.709 to 0.942, indicating very good to excellent reliability.

**Table 1: Descriptive Statistics**

	Frequency	Percentage %
Gender		
Male	193	65.4
Female	102	34.6
Age		
20-25	50	16.9
26-30	58	19.7
31-35	114	38.6
36-40	46	15.6
41-45	17	5.8
Above	10	3.4
Education		
Bachelors	144	48.8
Masters	124	42.0
M Phil & Above	27	9.2
Permanent Worker?		
Yes	258	87.5
No	37	12.5

**Table 2: Reliability Analysis**

Scales	Items	Cronbach's $\alpha$ Value	Level of Reliability
1. Employee Labor strategy	12	0.824	Very Good
2. Customer Incivility	11	0.913	Excellent
3. Regulatory Focus Strategy	10	0.900	Excellent
4. Employee burnout	5	0.773	Adequate
5. Service performance	7	0.942	Excellent
6. Turnover Intention	3	0.887	Very Good
7. Perspective taking	6	0.743	Adequate
8. Employee Incivility	5	0.911	Excellent

Furthermore, Correlation analysis was conducted to examine the relationships between different variables. The correlation coefficients range from -1 to 1, where 1 represents a perfect positive correlation, 0 indicates no correlation, and -1 signifies a perfect negative correlation. The p-values denote the statistical significance of each coefficient, with \*\* indicating significance at the 0.01 level and \* denoting significance at the 0.05 level. The results revealed several significant correlations among the variables.

In order to thoroughly analyze the model, we broke it down into several models; inclusive of Model 1, Model 4, and Model 6 in order to assess the mediation and moderation among the study variables. We utilized Hayes' SPSS process model (2013) (Hayes A. F., 2013) to research how Perspective taking (mediator) could make sense of the effect which Employee Burnout (predictor) has on Employee Labor Strategy (outcome variable). We applied the 1000- bootstrap resampling at 95% confidence interval. These discoveries propose that Perspective Taking plays a mediating job in the connection between Employee Labor Strategy and Employee Burnout, and that the relationship is stronger while Perspective Taking is high. By and large, this connotes that, ( $\beta = 0.4234$ ,  $t = 4.0423$ ,  $p < 0.001$ ) as accordance to our Hypothesis 1 and 4.

In order to assess the mediation effect of Regression, we conducted Process Model Hayes 4 and 6. As per the results, employee incivility has an adverse impact on turnover intention, according to the direct effect model, with a value of -0.233 and a p-value of 0.000. Employee incivility is likewise negatively affected by emotional burnout, with a value of -0.262 and a p-value of 0.001. With a value of -0.001 and a p-value of 0.098, the total effect model demonstrates that the influence of emotional burnout on turnover intention is not significant. Employee incivility has a strong indirect influence on turnover intention, with a Sobel value of 0.061, SE of 0.025, and p-value of 0.0152. The bootstrap findings reveal that the indirect impact is likewise significant, with an effect size of 0.061, standard error of 0.024, and confidence intervals ranging from 0.014 to 0.118.

Furthermore, Employee incivility has an adverse impact on turnover intention, according to the direct effect model, with a value of -0.233 and a p-value of 0.000. Employee incivility is likewise negatively affected by emotional burnout, with a value of -0.262 and a p-value of 0.001. Sobel -1.49 0.55 -2.55 -0.44 -2.71 0.00. With a value of -0.001 and a p-value of 0.098, the total effect model demonstrates that the influence of emotional burnout on turnover intention is not significant. Employee incivility has a strong indirect influence on turnover intention, with a Sobel value of 0.061, SE of 0.025, and p-value of 0.0152. The bootstrap findings reveal that the indirect impact is likewise significant, with an effect size of 0.061, standard error of 0.024, and confidence intervals ranging from 0.014 to 0.118. The findings suggest that burnout indirectly influences turnover intention through employee incivility, emphasizing

the significance of resolving employee incivility in order to lower turnover intention.

**Table 3: Regression Results**

Direct Effect model						
Predictor	Outcome= Employee Incivility					
	$\beta$	SE	t	p	LLCI	ULCI
Constant	4.162	0.307	13.546	0.000	3.557	4.767
X (Employee Burnout)	-0.262	0.0801	-3.248	0.001	-0.420	-0.103
Total Effect Model						
Predictor	Outcome= M (Turnover Intention)					
	$\beta$	SE	t	p	LLCI	ULCI
Constant	4.665	-0.372	12.529	0.000	3.933	5.398
M (Employee Incivility)	-0.233	0.055	-4.203	0.000	-0.343	-0.124
X	-0.001	0.078	-0.018	0.098	-0.153	0.152
Indirect Effect and Significance Using the Normal Distribution						
	Value	SE	LLCI	ULCI	z	P
Sobel	0.061	0.025	0.0212	0.1239	2.428	0.0152
Bootstrap Results for Indirect Effect of X on Y						
Effect			M	SE	LLCI	ULCI
			0.061	0.024	0.014	0.118

**Table 4: Regression Results**

Direct Effect model						
Predictor	Outcome= Employee Burnout					
	$\beta$	SE	t	p	LLCI	ULCI
Constant	6.18	0.22	28.25	0.00	5.74	6.62
X (Customer Incivility)	-0.28	0.13	2.10	0.04	0.55	-0.01
Direct Effect model						
Predictor	Outcome= Employee Incivility					
	$\beta$	SE	t	p	LLCI	ULCI
Constant	6.17	0.22	28.19	0.00	5.74	6.61
X(Customer Incivility)	-0.19	0.14	14.41	0.00	5.74	6.61
Total Effect Model						
Predictor	Outcome= M (Employee Incivility)					
	$\beta$	SE	t	p	LLCI	ULCI
Constant	6.18	0.22	28.24	0.00	5.74	6.62
M (Customer Incivility)	-0.37	0.13	-12.86	0.01	-0.62	-0.12
Indirect Effect and Significance Using the Normal Distribution						
	Value	SE	LLCI	ULCI	z	P
Sobel	-1.49	0.55	-2.55	-0.44	-2.71	0.00
Bootstrap Results for Indirect Effect of X on Y						
Effect			M	SE	LLCI	ULCI
			-0.09	0.05	-0.20	-0.01

We examined the direct and total effects of customer incivility on employee burnout and employee incivility, in addition to the indirect effect of customer incivility on employee incivility via emotional burnout, in the model, which includes the variables X customer incivility, Mi emotional burnout, and Y employee incivility. Customer incivility has a substantial negative influence on employee burnout ( $= -0.28, p = 0.04$ ), but not on employee incivility ( $= -0.19, p = 0.00$ ), according to the direct effect model output. Customer incivility has a substantial negative effect on emotional burnout ( $= -0.37, p = 0.01$ ), which has a significant positive effect

on employee burnout (indirect effect of X on Y, Sobel test:  $z = -2.71$ ,  $p = 0.00$ ; bootstrap test: effect = -0.09, SE = 0.05, 95% CI = [-0.20, -0.01]). The overall impact of customer incivility on employee incivility, however, remains nonsignificant (= -0.19,  $p = 0.00$ ).

**Table 5: Regression Results**

Direct Effect model						
Predictor	Outcome= Service Performance					
	B	SE	t	p	LLCI	ULCI
Constant	2.150	0.074	28.951	0.000	2.004	2.296
X (Regulatory Focus)	0.423	0.098	4.315	0.000	0.230	0.615
Direct Effect model						
Predictor	Outcome= Turnover Intention					
	B	SE	t	p	LLCI	ULCI
Constant	2.150	0.074	28.954	0.000	2.004	2.296
X (Service Performance)	0.423	0.098	4.315	0.000	0.230	0.615
M (Regulatory Focus)	-0.131	0.058	-2.261	0.024	-0.246	-0.017
Total Effect Model						
Predictor	Outcome= M (Turnover Intention)					
	B	SE	t	p	LLCI	ULCI
Constant	2.150	0.074	28.954	0.000	2.004	2.296
M (Regulatory Focus)	-0.131	0.058	-2.261	0.024	-0.246	-0.017
Indirect Effect and Significance Using the Normal Distribution						
	Value	SE	LLCI	ULCI	z	P
Sobel	-0.055	0.022	-0.022	-0.098	-2.525	0.012
Bootstrap Results for Indirect Effect of X on Y						
			M	SE	LLCI	ULCI
Effect			-0.056	0.025	-0.110	-0.016

## 5. Discussion

In the service business, the study sought to investigate the links between emotional labor strategies, emotional burnout, employee incivility, turnover intention, regulatory focus strategies, service performance, and customer incivility. The research took a quantitative method and used questionnaires that were self-administered to obtain data from a group of service staff members. Structural equation modelling was used to examine the assumptions.

The initial hypothesis proposed a positive and substantial link between emotional labor strategies and emotional burnout. This hypothesis was validated by the findings, which showed that emotional labor strategies led to burnout among service employees. The result lines up with prior research that found a link between emotional labor strategies and emotional exhaustion (Zapf, 2002) the next hypothesis proposed that burnout is associated with employee incivility. The findings supported this prediction, indicating that burnout is connected with employee incivility. The finding supports prior research that has found a relationship between emotional burnout and workplace misbehavior (Ashforth, 1996)

According to the third hypothesis, employee incivility has a positive and substantial relationship with turnover intention. The findings validated this hypothesis, demonstrating that employee incivility relates to turnover intention among service employees. The finding corresponds with prior research that has found a link between incivility and turnover intention (Fiona X. Yang, 2019) According to the fourth hypothesis, perspective taking functions as a mediator between emotional labor strategies and emotional burnout. The findings, however, were against this prediction, suggesting that perspective taking does not regulate the link between emotional labor strategies and emotional burnout.

According to the fifth hypothesis, burnout and employee incivility serve as mediators among emotional labor strategies and turnover

intention. The findings supported this hypothesis, demonstrating that burnout and employee incivility act as a mediator between emotional labor strategies and turnover intention. This conclusion corresponds with earlier research that found emotional exhaustion and workplace deviance to have a mediating role in the association between emotional labor strategies and turnover intention. (Gaba, 2017)

According to the sixth hypothesis, service performance functions as a mediator between burnout and employee incivility. The findings, however, disagreed with this hypothesis, suggesting that service performance does not attenuate the association between burnout and employee incivility.

According to the seventh hypothesis, service performance works as mediator among regulatory focus strategies and turnover intention. This hypothesis was not supported by the findings, demonstrating that service performance doesn't influence the link between regulatory focus strategies and turnover intention.

According to the eighth hypothesis, regulatory focus strategies have a favorable link with service performance. The findings validated this prediction, demonstrating that regulatory focus strategies improve service performance. This conclusion coincides with earlier research that has found a link between regulatory focus strategies and job performance (Xiaomeng Zhang, 2010)

The ninth hypothesis proposed that service performance is related to turnover intention. The findings supported this hypothesis, demonstrating that service performance is inversely related to turnover intention. This conclusion corresponds with prior research that has found a negative association between job performance and turnover intention (Peter W. Hom, 2001)

According to the tenth hypothesis, customer incivility has a favorable and substantial relationship with emotional burnout. The findings supported this hypothesis, demonstrating that customer incivility relates to burnout among service employees. The result lines up with prior studies.

## 6. Theoretical Contributions

It is essential to note that this investigation is the first of its kind to examine how Service performance, Perspective Taking, and Employee Incivility affect Turnover Intention and how they independently moderate and assist and have an effect on other review factors of the examination. Additionally, the main goal of this study is to provide clear evidence of the strong link between intense burnout and Emotional Burnout. This conclusion is consistent with other studies that demonstrated that work that is done mostly with stress or burnout might lead to burnout (Grandey e. a., Emotion regulation in the workplace, 2000) The term "profound work" refers to the local effort that employees put into their jobs, which has a negative impact on their local wealth. The discovery that emotional burnout practices are positively and significantly correlated with severe burnout has important implications for managers who may use this knowledge to develop more effective processes for managing employees' personal work.

The second objective of the review is the defining evidence of the crucial link between personal exhaustion and rude employees. This conclusion is consistent with previous research that revealed exhaustion makes people more likely to behave badly (Leiter, 2011). Representative rudeness may create a toxic environment and have a negative impact on the morale and productivity of employees. Directors should thus take all necessary measures to prevent employee fatigue and effectively manage representative rudeness.

This study's third main finding—that employee rudeness is fundamentally linked to the aim of turnover—is consistent with previous research (Cortina, 2009) which found that rude behavior is a good predictor of turnover. When representatives encounter rudeness, they may feel ignored, unappreciated, and unsupported, which may make them consider quitting the organization. Chiefs should be aware of the consequences of employee rudeness and take all necessary measures to effectively prevent and manage it.

The fourth key conclusion of this research is that there is a significant role for perspective acceptance as a mediator in the relationship between close to home work practices and severe burnout. This finding is consistent with earlier study (Brotheridge C. M., 2002) which discovered that adopting a different perspective might lessen the negative impact of difficult work on representatives. Perspectivetaking refers to the ability to perceive events from another person's point of opinion, and it can assist people in better managing their emotions. This knowledge may be used by managers to support training initiatives that highlight perspective taking skills, enabling staff members to more effectively handle their challenging task.

The fifth hypothesis of the review is the emotional burnout and employee incivility acting as a mediator between emotional labor strategies and turnover intention. These finding propose that workers who are performing great are less inclined to encounter burnout and participate in uncivil way of behaving. Managers or owners can utilize this information to foster execution of certain moral procedures that emphasis on supporting worker prosperity to decrease the probability of burnout and uncivil way of behaving. The differentiating evidence of the beneficial relationship between regulatory focus strategies and service performance is provided in the review's sixth hypothesis. This result is consistent with prior research, which demonstrated that service performance can improve execution (Higgins, 2021). This knowledge may be used by administrators to promote administrative spotlight approaches that place a focus on effective execution in order to advance service performance. According to the sixth hypothesis, service performance functions as a mediator between burnout and employee incivility. The findings, however, disagreed with this hypothesis, suggesting that service performance does not attenuate the association between burnout and employee incivility. According to the seventh hypothesis, service performance works as mediator among regulatory focus strategies and turnover intention. This hypothesis was not supported by the findings, demonstrating that service performance doesn't influence the link between regulatory focus strategies and turnover intention. The next hypothesis of the review serves as the standout example of how closely service performance and turnover intention are related. This data suggests that highly performing employees are less likely to leave their association. Supervisors can use this knowledge to promote methods that focus on executing additional development assistance to retain employees.

## 7. Practical Implications

It essentially concentrates on the techniques for staff retention the fact that incorporate effective promotional efforts. The results illustrate that when employees believe that job advancement procedures are equitable and open to scrutiny, they are more likely to leave a company. Hence, companies should concentrate on establishing a promotion policy that is comprehended by all employees and is both clear and objective. The research highlights how emotional employment contributes to employee turnover as well as burnout in a detrimental manner. Employees' efforts to manage their emotions in order to meet their professional responsibilities are commonly referred to as psychological labor.

According to the conclusions, firms should be conscious of the psychological demands of their employee's duties and offer individuals the resources and support that they require handling their emotions. This can include initiatives that encourage balance between work and life, employee assistance initiatives, and programs for learning and growth. Furthermore, it answers how impolite clients influence burnout among workers. Inconsideration on the behalf of customers towards employees has been referred to as such. In accordance to the outcomes, firms should take actions to minimize disrespectful behavior from customers, involving training personnel in excellent client service strategies, specifying clear standards for accepted customer's ethics, and swiftly and successfully managing customer complaints.

In addition, this study highlights on the significance of service quality for decreasing worker rudeness along with the turnover. Results show that when employees perceive their supervisor is committed to offering clients excellent customer service, they are not as inclined to behave inappropriately and quit their current positions. As a consequence, companies must focus on developing an atmosphere of outstanding client service, as well as affording staff member's development and training chances.

The study additionally highlights the vitality of addressing planned turnover prior to actual employee departure. In accordance with the study's results, businesses ought to focus on creating an enjoyable work environment, which involves promoting justice and transparency in hiring and promoting employees, controlling psychological demands, while limiting disruptive clients.

The study suggests that organizations ought to encourage an environment at work that values morality. Supervisors have to maintain a climate of courteousness and competence in the work environment as employee harshness is an important indicator of staff turnover intent. Companies may accomplish this by setting up regulations that promote civil discourse and actions, encouraging feedback, and handling incidents of incivility when they occur.

In accordance with the study, service performance is an important gauge of turnover in staff intentions. Therefore, businesses ought to focus on giving their customers excellent service. Workers have a greater probability to feel inspired to do their job well and are less likely to have intentions of leaving their job if they believe that the organization they work for values and emphasize service performance. (Hughes, 1973)

In order to decrease employee burnout, disrespect, and desire to quit their jobs, it is essential to promote fairness and honesty, manage psychological strain, reduce customer indifference, and encourage outstanding customer service. Firms that deal effectively aforementioned issues are more inclined to keep employees while maintaining an excellent working environment.

## 8. Limitations and Future Directions

There are some limitations in our study that can be taken into account for future research and addressed accordingly. To test causality in the variables considered, future research could utilize experimental designs or longitudinal designs in addition to the cross-sectional study design.

Secondly, the study was conducted in Pakistan, an Eastern setting, which may raise concerns regarding the generalizability of the results to other countries. To enhance the external validity of the study, future research can be conducted in developed countries like North American and European countries, taking into account differences in national and organizational cultures.

Thirdly, the demographic variables included in the study were age, education, being a permanent employee or not, and gender. However, other important variables like financial background, marital status, and managerial levels were not examined. Future research can investigate the impact and relationship of these demographic variables with the research variables under study.

Fourthly, the study was limited to the call center sector of a metropolitan city in Pakistan, which may limit the generalizability of the results to other industries and sectors in the country. Therefore, future research can explore other sectors such as banking, infrastructure, hospitality, and manufacturing in other prominent cities of Pakistan to improve the generalizability of the results on a wider scale.

The sample size utilized in this study was relatively small due to time limitations, with only 300 questionnaires being circulated. To improve the generalizability of the research, future studies may consider utilizing a larger sample size as 400 responses. By doing so, a more comprehensive understanding of the phenomenon under investigation can be obtained, potentially enhancing the overall validity and reliability of the study's findings. Expanding the sample size may also allow for the exploration of potential subgroups or variations within the population, providing additional insights into the research topic (Andrade, 2020). Therefore, conducting research with a larger sample size can be beneficial for obtaining a more representative and accurate understanding of the phenomenon being studied.

Next, the questionnaires were filled on spot basis which means that there may become sort of biasness, in order to eradicate or lessen the chances of such issues, future researches may incorporate peer ratings and objective measures (Ghulam Abid, 2017). One potential limitation of our study is the use of a single time-point for data collection. In future research, it may be beneficial to collect data on both the mediators and predictors at multiple time-points in order to minimize the possibility of biased responses and ensure more accurate and reliable results (Vandenberg, 2010)

Another limitation is the representation of female employees in our sample (34.6%). As females are typically employed in lower-level positions due to their perceived soft and flexible nature, this raises concerns about the generalizability of our results to both genders. Future research should aim to include more ratios of male as compared to female participants to test for gender differences in the relationships between the variables under investigation. A further area for improvement is the examination of contextual factors that may influence the impact of Emotional Labor strategies, Regulatory Focus strategies and Customer Incivility on Turnover Intention. Specifically, future research should explore the influence of factors such as company culture, stress, opportunities for growth, working hours, workplace incivility, bullying, punitive supervision, and benefits offered (Vandenberg, 2010) It should also be noted that some participants were hesitant to complete the survey due to the sensitive nature of the questions and the potential impact on the reputation of their call center. As call centers included in our study were privately owned, their reputation was a critical concern. To enhance the generalizability of our findings to the call center sector, future research should consider including responses from both public and private call centers (Lee, 2014) Lastly, we also believe that there is still room for improvement and addition along with varying other variables to be analyzed.

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